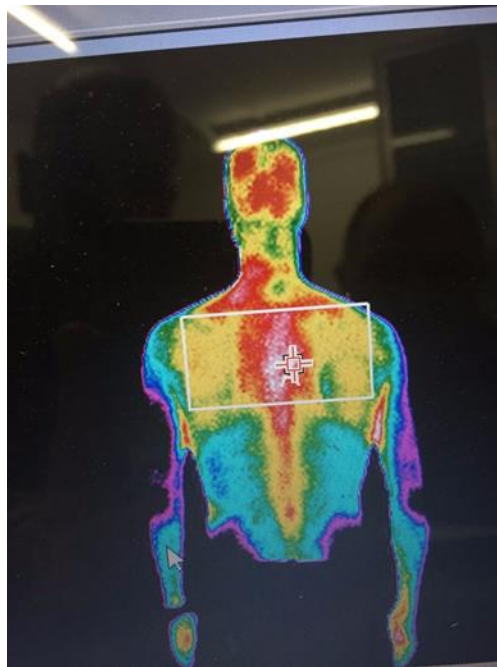


**Experimental analysis of
human touch activated self-healing body energy:
gyoki body resonancing**



**Based on the method “Seiki Soho”
by founder AKINOBU KISHI sensei
and its continuation
by KYOKO KISHI sensei**

Experimental analysis of human touch activated self-healing body energy: gyoki body resonancing

Vidan Damljanovic¹ and Oliver Faehnle²

¹ Physiotherapy and Shiatsu practice, 9434 Au, Switzerland

² Oberhofstetten, Switzerland

Abstract:

An experimental analysis has been carried out applying infrared monitoring demonstrating that empty minded gyoki skin contacting is capable of activating humans bio intelligence and KI generating energy at injured body parts activating self-healing processes. This effect rises without that the injured body part has been touched directly and can only be generated if the touching person is skilled in gassyo gyoki.

Key words: Seiki, Shiatsu, bio-intelligence, resonance

1. Introduction

If we travel back in evolution and analyze the origin of medical mammal activities, we find close body contact and kind touching among the earliest healing attempts.

This approach is existing up until today, where we touch and embrace our babies in order to support their healing processes which are being carried out by bio intelligence. Hence, the etymology of the english word «contact» reflects this matter: analyzing its two word-forming elements «con» meaning together and «tact» meaning the sense of touch and feeling, we find a pointer to the ancient process of two beings that are communication with each other by touch, stimulating feelings by bio intelligence. For ages, e.g. shiatsu has been applied to initiate body healing processes by human touch applying pressure to designated body areas^{1,2,3,4,5,6}.

With the rise of modern medicine, these bio intelligence processes have been more and more chemically initiated and taken over by modern medical measures. Nevertheless, our bodies are still capable of initiating healing processes by pure bio intelligence and skin contact is a powerful portal to initiate this.

In Europe, Hippocrates, the founder of modern medicine, already described about 2400 years ago that if a difference in temperature on the human skin is found, a pathological abnormality is probable⁸. He smeared a thin layer of wet mud on a patient's body for the purpose of investigating areas that dried first.

Seiki is an independent method of treatment, that Akinobu Kishi Sensei for more than 30 years practiced and constantly evolved until his death and which is continued by his wife Kyoko Kishi sensei ever since Seiki is a method that brings out the essence of Shiatsu - authentic touch in absolute presence and easy being - to view human nature and all things as they really are - and therefore it has for all manual therapist and shiatsu students a deeper meaning⁹.

This paper presents experimental analyses of human touch activated self-healing body energy by monitoring the rise of local body temperature as a direct reaction to human touch.

2. Experiments

State-of-the-Art infrared photography¹⁰ (infrared screening) has been applied monitoring changes of body temperature distributions in the near skin area of humans while proband's bio intelligence and Ki (living energy flow) has been activated through touching him/her by gyoki (applying gassyo-gyoki contacting the proband with a «breathing hand»).

Two sets of experiments have been conducted analyzing the rise of human touch activated self-healing body energy.

- Firstly, typical body reactions of patients to a gyoki touch being applied by a skilled seiki therapist have been monitored showing the rise of local body temperature at injured body parts.
- Subsequently, a healthy proband has been tested varying the way of touch comparing a skilled gyoki touch with a non-gyoki touch.

2.1 Layout of experiments

All probands have been tested in the same room and have been monitored applying the same infrared camera. All experiments have been carried out applying one frozen set of testing parameters, such as camera resolution, measuring range as well as the background room temperature. All probands were sitting quietly for 10 minutes prior to being tested in order to ensure a calm atmosphere without any excitement and gyoki touch has been applied by a highly skilled seiki therapist.

The applied infrared camera¹⁰ has a resolution of 0.1 degrees Celsius and the spectral range has been kept constant throughout the tests monitoring changes in local body temperature caused by gyoki. Fig1 shows a typical picture measuring the temperature distribution of Mr. Damljanovic's hands.



Fig.1 Measuring principle applying an infrared camera to monitor probands temperature distribution of the body part under test: in this case the hands of the seiki therapist Mr. Damljanovic.

2.2 Monitoring patients with known health problems being touched by gyoki

In a first set of experiments, Mr. Damljanovic, a seiki therapist, applied gyoki touch to patients. Various patients with known health problems have been monitored demonstrating that a gyoki touch (applying a breathing hand), that is not in contact with the injured part of the body, stimulates the body to build up energy at the very part of the body where the problem is: this could be deterministically measured by in process infrared screening detecting a significant rise of local skin temperatures as an indication of bio intelligence initiating KI and self-healing processes (see Fig.2 and Fig.4 before wa-ki touch and Fig.3 and Fig.5 after wa-ki touch has been applied). Typically, after a gyoki contact of about 2 minutes, a rise in local body temperature of about 1.5 to 2 degrees Celsius could be measured deterministically.

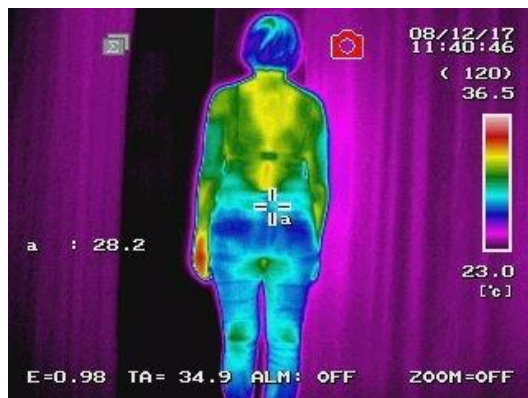


Fig.2 Proband-a (lung problems) before gassyo gyoki featuring 31.64 degrees celsius in the upper back area



Fig.3 Proband-a after 2 minutes gassyo gyoki featuring 32.30 degrees celsius in the upper back area: an increase of 0.66 degrees body temperature.



Fig.4 Proband-b (back pain problems) before gassyo gyoki featuring 31.30 degrees celsius in the upper back area



Fig.5 Proband-b after 2 minutes gassyo gyoki featuring 32.98 degrees celsius in the upper back area: an increase of 1.7 degrees body temperature.

2.3 Monitoring a healthy proband being touched by gyoki

In the second set of experiments, the co-author who has currently no known health problems was screened by infrared video while being touched at his upper right arm by Mr Damljanovic's hand (each time for about 2 minutes and without applying pressure). Three successive tests have been carried out:

a) *non gyoki contact applying hand contact without an empty mind state* (Fig.6 shows Mr. Damljanovic's hand, as is). This caused no rise in body temperature.

b) *non gyoki contact with previously heated hands* by friction: just before touching, Mr. Damljanovic rubbed his hands against each other, consequently building up heat at their surfaces (see Fig.7), applying hand contact immediately afterwards and without gyoki. Fig.8 shows proband's temperature distribution after having being touched for two minutes at the upper right arm.

c) *finally Mr. Damljanovic applied calmly a high level gyoki contact* (without rubbing his hands previously) to probands arm causing a substantial rise in body temperature in probands shoulders area (an increase of about 2 degrees Celsius) which is shown in Fig.9 together with gyoki caused rise of temperature of Mr. Damljanovic's hands after having applied 2 minutes of gyoki (see Fig.10). Please note that proband had his shoulder damaged severely years ago, still feeling uncomfortable in the upper shoulder area which got activated by gyoki touch.

Finally, after the end of testing, Fig.11 shows again a low level of temperature of Mr Damljanovic's hands.

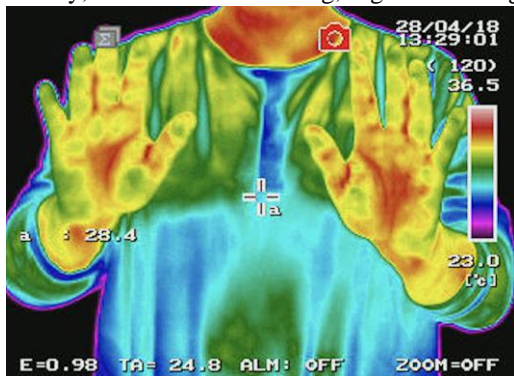


Fig.6 Mr Damljanovic's hands without before the experiments: "as is" (ca. 32.6 degrees)

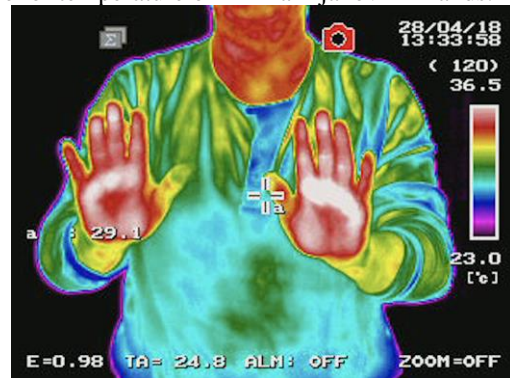


Fig.7 Mr Damljanovic's hands directly after rubbing and right before being applied to probands arm (ca. 36 degrees)

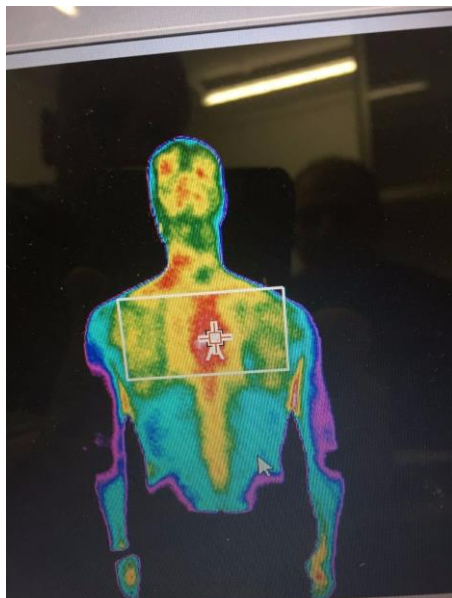


Fig. 8 probands temperature after 2 minutes of being contacted by friction heated hands (that are shown in Fig.7)

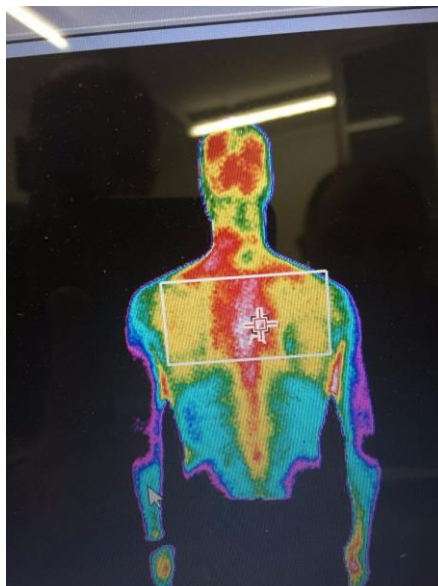


Fig.9 probands temperature after being touched applying gyoki (without any pre-heated hands); Please not that body temperature in the upper shoulder area is 2 degrees Celsius higher than if a touch with friction heated hands is applied (see Fig.8)

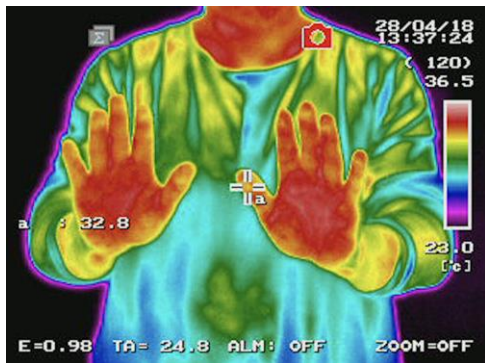


Fig.10 Mr Damljanovic's hands directly After having applied gyoki

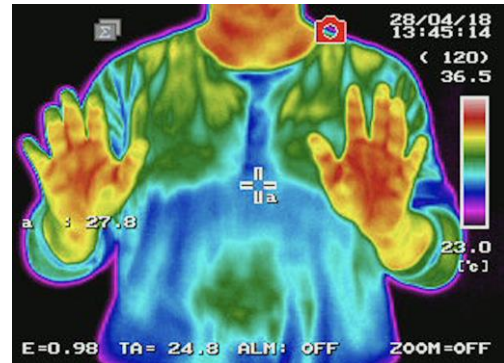


Fig.11 Mr Damljanovic's hands having reached their initial temperature again after experiments were stopped (Please compare with Fig.6)

3. Conclusions

The effect of gyoki initiated rise of temperature at injured body parts has been analyzed experimentally. To that aim, infrared screening has been applied comparing levels of local body temperature before and directly after gyoki contact which was not applied at the injured body part but at another place at probands body.

Two sets of experiments have been conducted.

Firstly, typical body reactions of patients to a gyoki touch being applied by a highly skilled seiki therapist have been monitored showing the significant rise of local body temperature at injured body parts of about 0.5 to 2 degrees Celsius that could be measured deterministically.

Subsequently, a healthy proband has been tested varying the way of touch comparing a skilled gyoki touch with a non-gyoki touch. To that aim, three sets of experiments have been conducted. In a first set of tests proband had been touched without seiki skills being applied causing no significant rise in body temperature. In a second set of experiments proband was again touched without seiki skills (no gyoki touch being applied) but this time the seiki therapist heated up his hands surfaces by friction prior to touching (Fig.7); again causing no significant rise in probands body temperature (Fig.8). Finally, seiki therapist applied a gyoki touch (Fig.6) causing a local rise in probands body temperature at his shoulders which had been injured several years ago still feeling uncomfortable (Fig.9).

These significant results demonstrate that empty minded gyoki skin contacting is capable of activating humans bio intelligence and KI generating energy at injured body parts activating self-healing processes. This effect rises without that the injured body part has been touched directly and can only be generated if the touching person is skilled in gassyo gyoki. The detected temperature rise is a strong indication that seiki causes a local increase in blood circulation enabling self-healing.

Currently, more investigations focusing on the transport mechanisms and on the time dependency between touch and the rise of heat are under investigation.

In conclusion, we presented evidence for the rise of local body temperature at injured body parts induced by human gyoki touch. Consequently, we are currently investigating the detection of self-healing processes applying state-of-the-art measuring technologies following the trail along a better understanding of human regeneration.

4. Acknowledgements

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5. References

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Full journal scientific paper entitled "Experimental Analysis of Human Touch Activated Self-healing Body Energy: Gyoki Body Resonancing".

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This peer reviewed paper reports on an interdisciplinary research project carried out by myself and Dr. Oliver Fähnle, an applied optics physicist. Applying an innovative approach, this experimental study analyzes the impact of local gyoki touch on patients body deterministically.

If you are interested in this interdisciplinary research project , please contact us:

Corresponding author: Vidan Damljanovic, head of physiotherapy and shiatsu practice, 9434 Au, Switzerland, Tel: 0041765852217; E-mail: vidanseiki@gmail.com; Website: www.vidan.ch